

# Me...today

<p><b>Today reminds me of...</b></p>	<p><b><i>What I learned about myself today is that I am...</i></b></p>
<p>Ways that I connected with others, nature, and the Creator are...</p>	<p>Something I struggled with today was...</p>
<p>Something that I added to my vocabulary today was...</p>	<p><b>One way that I showed diligence, persistence, and/or toughness was...</b></p>
<p><i>Which personal goals did I work on today? (see weekly checklist)</i></p>	<p>Who did I spend quality time with today?</p>
<p>How did I contribute to the group today?</p>	<p>How did the group contribute to me?</p>